

Central American & Caribbean Games

Heptathlon

17th Central American & Caribbean Games 1993

Ponce 1993 (27/28 Nov)

										WR 7291	J. JOYNER-KERSEE (USA) 1988	GR 5647	Z. CÓRDOBA (COL) 1990	1985 Tables
Rk	Athlete		Nation	Result ^{W/Diff}	100mH	HJ	SP	200m	LJ	JT	800m			
	Runs	Jumps	Throws	RECORDS										
				Heptathlon Best Previous Performances				Day 1				Day 2		
	R:2621 (1986)	J:1735 (1990)	T:1581 (1990)		13.99 ¹⁹⁸²	1.82 ¹⁹⁹⁰	13.24 ¹⁹⁹⁰	24.44 ¹⁹⁸⁶ D1:3356 ¹⁹⁸²	6.10 ¹⁹⁹⁰	51.98 ¹⁹⁹⁰	2:17.66 ¹⁹⁸⁶ D2:2363 ¹⁹⁹⁰			
1	Magalis GARCÍA		CUB	5903	13.90 ⁽²⁾	1.73 ⁽²⁾	13.26 ⁽¹⁾ HB	24.62 ⁽¹⁾ 922	5.71 ⁽²⁾	47.52 ⁽²⁾	2:23.42 ⁽¹⁾ 778			
	R: 2693 (1) HB	J: 1653 (2)	T: 1557 (1)	GR	993	891 1884 (2)	745 2629 (2)	D1: 3551 (2)	762 4313 (2)	812 5125 (1)	D2:2352 (1)			
2	Regla M. CÁRDENAS		CUB	5838	13.88 ⁽¹⁾ HB	1.76 ⁽¹⁾	13.21 ⁽²⁾	24.67 ⁽²⁾ 917	6.10 ⁽¹⁾ HB	36.62 ⁽³⁾	2:23.68 ⁽²⁾ 774			
	R: 2686 (2)	J: 1808 (1) HB	T: 1344 (3)		995	928 1923 (1)	741 2664 (1)	D1: 3581 (1)	880 4461 (1)	603 5064 (2)	D2:2257 (2)			
3	Zorobabelia CÓRDOBA		COL	5326	14.37 ⁽³⁾	1.52 ⁽⁴⁾	11.88 ⁽⁴⁾	25.05 ⁽³⁾ 882	5.41 ⁽³⁾	48.70 ⁽¹⁾ 835	2:28.58 ⁽³⁾ 711			
	R: 2520 (3)	J: 1318 (3)	T: 1488 (2)		927	644 1571 (4)	653 2224 (4)	D1: 3106 (3)	674 3780 (3)	4615 (3)	D2:2220 (3)			
4	Carmen J. NIEVES		PUR	4824	14.99 ⁽⁴⁾	1.61 ⁽³⁾	11.76 ⁽⁵⁾	26.11 ⁽⁴⁾ 788	4.81 ⁽⁵⁾	35.72 ⁽⁴⁾ 585	2:28.81 ⁽⁴⁾ 708			
	R: 2339 (4)	J: 1255 (4)	T: 1230 (4)		843	747 1590 (3)	645 2235 (3)	D1: 3023 (4)	508 3531 (4)	4116 (4)	D2:1801 (4)			
5	Sheila ACOSTA		PUR	3866	15.15 ⁽⁵⁾	1.49 ⁽⁵⁾	10.90 ⁽⁶⁾	27.38 ⁽⁵⁾ 681	5.09 ⁽⁴⁾	NM	2:39.38 ⁽⁵⁾ 580			
	R: 2083 (5)	J: 1194 (5)	T: 589 (6)		822	610 1432 (5)	589 2021 (5)	D1: 2702 (5)	584 3286 (5)	0 3286 (5)	D2:1164 (5)			
	Touvia ARRINDELL		SKN	DNF	21.80 ⁽⁶⁾	1.43 ⁽⁶⁾	12.19 ⁽³⁾	29.15 ⁽⁶⁾ 543	4.74 ⁽⁶⁾	32.32 ⁽⁵⁾ 521	DNS			
	R: 713 (6)	J: 1034 (6)	T: 1195 (5)		170	544 714 (6)	674 1388 (6)	D1: 1931 (6)	490 2421 (6)	2942 (6)				
	Ideal Heptathlon			6083	13.88 ⁹⁹⁵	1.76 ⁹²⁸ 1923	13.26 ⁷⁴⁵ 2668	24.62 ⁹²² D1: 3590	6.10 ⁸⁸⁰ 4470	48.70 ⁸³⁵ 5305	2:23.42 ⁷⁷⁸ D2: 2493			
	R: 2695	J: 1808	T: 1580											