

Iberoamerican Athletics Championships

Heptathlon

XXI Campeonato Iberoamericano de Atletismo

Lima 2026 (29/30 May)

WR 7291 J. JOYNER-KERSEE (USA) 1988 CR 6274 M. ARAÚJO (COL) 2024 1985 Tables

Rk	Athlete			Nation	Result ^{W/Diff}	100mH	HJ	SP	200m	LJ	JT	800m
	Runs	Jumps	Throws	RECORDS				Day 1				Day 2
	R:2927 (2024)	J:2004 (2012)	T:1651 (2022)	Heptathlon Best Previous Performances	12.91 ²⁰²⁴	1.89 ¹⁹⁹⁰	15.01 ²⁰¹⁶	23.94 ²⁰¹⁶ D1:3662 2024	6.44 ²⁰¹²	52.47 ²⁰²²	2:11.61 ²⁰¹⁶ D2:2612 2024	
1	Jessica BARREIRA			POR	6126	13.44 ⁽¹⁾ -0.3 1059	1.59 ⁽⁵⁾ 724 1783 (2)	14.68 ⁽¹⁾ 839 2622 (2)	24.25 ⁽¹⁾ +1.4 957 D1: 3579 (1)	6.31 ⁽¹⁾ +2.0 946 4525 (1)	49.86 ⁽¹⁾ 857 5382 (1)	2:26.02 ⁽³⁾ 744 D2:2547 (1)
	R: 2760 (1)	J: 1670 (2)	T: 1696 (1) HB									
2	Roberta dos SANTOS			BRA	5635	14.80 ⁽⁶⁾ -0.3 868	1.83 ⁽¹⁾ 1016 1884 (1)	13.69 ⁽²⁾ 773 2657 (1)	26.11 ⁽⁷⁾ +1.4 788 D1: 3445 (2)	6.14 ⁽²⁾ +1.8 893 4338 (2)	34.83 ⁽⁴⁾ 568 4906 (2)	2:27.16 ⁽⁵⁾ 729 D2:2190 (3)
	R: 2385 (7)	J: 1909 (1)	T: 1341 (3)									
3	Raiane PROCOPIO			BRA	5564	14.47 ⁽⁴⁾ -0.3 913	1.68 ⁽³⁾ 830 1743 (3)	13.08 ⁽³⁾ 733 2476 (3)	25.69 ⁽⁶⁾ +1.4 824 D1: 3300 (3)	5.87 ⁽³⁾ +3.0 810 4110 (3)	42.92 ⁽²⁾ 723 4833 (3)	2:27.01 ⁽⁴⁾ 731 D2:2264 (2)
	R: 2468 (6)	J: 1640 (3)	T: 1456 (2)									
4	Fabiola DEDET			PUR	5396	14.12 ⁽³⁾ -0.3 961	1.56 ⁽⁷⁾ 689 1650 (7)	11.78 ⁽⁴⁾ 647 2297 (5)	24.40 ⁽²⁾ +1.4 943 D1: 3240 (5)	5.80 ⁽⁴⁾ +0.8 789 4029 (5)	36.25 ⁽³⁾ 596 4625 (4)	2:23.92 ⁽¹⁾ 771 D2:2156 (4)
	R: 2675 (2)	J: 1478 (6)	T: 1243 (4)									
5	Mariangelic ROJAS			VEN	5270	13.95 ⁽²⁾ -0.3 985	1.59 ⁽⁵⁾ 724 1709 (6)	11.52 ⁽⁵⁾ 629 2338 (4)	24.51 ⁽³⁾ +1.4 932 D1: 3270 (4)	5.80 ⁽⁴⁾ +1.1 789 4059 (4)	31.85 ⁽⁶⁾ 512 4571 (5)	2:29.50 ⁽⁷⁾ 699 D2:2000 (6)
	R: 2616 (3)	J: 1513 (5)	T: 1141 (5)									
6	Marianger CHIRINOS			VEN	5160	14.65 ⁽⁵⁾ -0.3 888	1.68 ⁽³⁾ 830 1718 (5)	10.59 ⁽⁶⁾ 568 2286 (6)	25.16 ⁽⁵⁾ +1.4 872 D1: 3158 (7)	5.56 ⁽⁶⁾ +0.2 717 3875 (6)	34.79 ⁽⁵⁾ 568 4443 (6)	2:28.08 ⁽⁶⁾ 717 D2:2002 (5)
	R: 2477 (5)	J: 1547 (4)	T: 1136 (6)									
7	Abigail P. OBANDO			CRC	5040	14.85 ⁽⁷⁾ -0.3 862	1.71 ⁽²⁾ 867 1729 (4)	10.05 ⁽⁷⁾ 533 2262 (7)	24.56 ⁽⁴⁾ +1.4 928 D1: 3190 (6)	5.14 ⁽⁷⁾ -0.1 598 3788 (7)	30.63 ⁽⁷⁾ 489 4277 (7)	2:24.56 ⁽²⁾ 763 D2:1850 (7)
	R: 2553 (4)	J: 1465 (7)	T: 1022 (7)									
	Ideal Heptathlon				6445	13.44 1059	1.83 1016 2075	14.68 839 2914	24.25 957 D1: 3871	6.31 946 4817	49.86 857 5674	2:23.92 771 D2: 2574
	R: 2787	J: 1962	T: 1696									