

# JAM - Jamaica



Last update: 15 Jan 2025

## DECATHLON - Records & Best Performances

## HEPTATHLON - Records & Best Performances

Special collaboration of Yoshiaki Oikawa (ATFS/JPN)

Ideal total: **9,213** (Using best performance by event under any condition)

Ideal total: **6,971** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	DECA PTS.
	RES.	W	REC.	PTS.				
Decathlon	8644 (4525/4119)				Maurice Smith	Osaka JPN	01.09.2007	
	10.62/+0.7 - 7.50/0.0 - 17.32 - 1.97 - 47.48 // 13.91/-0.2 - 52.36 - 4.80 - 53.61 - 4:33.52							
100m	10.58	+2.0		956	Decosma Wright	Emporia USA	25.05.2006	6,847
Wind assisted	10.48	+4.1		980	Decosma Wright	Abilene USA	26.05.2005	7,245
LJ	7.91	+1.7		1,038	Adrian Riley	Eugene USA	06.06.2018	7,520
SP	17.78			961	Maurice Smith	Kladno CZE	18.06.2008	8,434
HJ	2.18			973	Claston Bernard	Baton Rouge USA	31.05.2002	8,094
400m	47.48			934	Maurice Smith	Osaka JPN	31.08.2007	8,644
Day 1	4525				Maurice Smith	Osaka JPN	01.09.2007	8,644
	10.62/+0.7 - 7.50/0.0 - 17.32 - 1.97 - 47.48							
110mH	13.76	+1.3		1,006	Maurice Smith	Götzis AUT	28.05.2006	8,269
DT	53.83			950	Maurice Smith	Talence FRA	23.09.2007	8,298
PV	4.80			849	Maurice Smith	Osaka JPN	01.09.2007	8,644
JT	61.52			761	Maurice Smith	Athina GRE	24.08.2004	8,023
1500m	4:27.48			761	Asani Hylton	Eugene USA	09.06.2022	7,748
Day 2	4119				Maurice Smith	Osaka JPN	01.09.2007	8,644
	13.91/-0.2 - 52.36 - 4.80 - 53.61 - 4:33.52							
Runs	3589				Maurice Smith	Osaka JPN	01.09.2007	8,644
	10.62/+0.7 - 47.48 - 13.91/-0.2 - 4:33.52							
Jumps	2576				Claston Bernard	Athina GRE	24.08.2004	8,225
	7.48/+0.6 - 2.12 - 4.40							
Throws	2511				Maurice Smith	Guadalajara MEX	25.10.2011	8,214
	17.35 - 48.79 - 59.57							

EVENT	RECORD				ATHLETE	CITY	DATE	HEPTA PTS.
	RES.	W	REC.	PTS.				
Heptathlon	6527 (3728/2799)				Diane Guthrie-Gresham	Knoxville USA	03.06.1995	
	13.86/+2.5 - 1.86 - 13.80 - 24.91/-1.3 // 6.92/+2.5 - 49.04 - 2:20.82							
100mH	13.17	+1.2		1,099	Lacena Golding	Gainesville USA	21.05.1998	5,750
HJ	1.87			1,067	Peaches Roach	Mayagüez PUR	25.07.2010	5,780
SP	14.99			860	Salcia Slack	Tucson USA	09.04.2015	6,141
200m	23.52	+1.6		1,027	Peaches Roach	Des Moines USA	22.04.2009	5,586
Day 1	3734				Peaches Roach	Mayagüez PUR	25.07.2010	5,780
	13.53/+0.2 - 1.87 - 11.50 - 23.87/0.0							
LJ	6.57	-0.8		1,030	Diane Guthrie-Gresham	Atlanta USA	28.07.1996	6,087
No wind info	6.61	NWI		1,043	Diane Guthrie-Gresham	Philadelphia USA	26.04.1995	6,271
Wind assisted	6.92	+2.5		1,145	Diane Guthrie-Gresham	Knoxville USA	03.06.1995	6,527
JT	50.55			871	Tammilee Kerr	Mayagüez PUR	26.07.2010	5,345
800m	2:14.34			902	Salcia Slack	Tucson USA	10.04.2015	6,141
Day 2	2799				Diane Guthrie-Gresham	Knoxville USA	03.06.1995	6,527
Wind assisted	6.92/+2.5 - 49.04 - 2:20.82							
Day 2	2510				Salcia Slack	Tucson USA	10.04.2015	6,141
	6.06/+0.4 - 43.77 - 2:14.34							
Runs	2914				Salcia Slack	Tucson USA	10.04.2015	6,141
	13.53/+0.2 - 23.87/0.0 - 2:18.33							
Jumps	2199				Diane Guthrie-Gresham	Knoxville USA	03.06.1995	6,527
Wind assisted	1.86 - 6.92/+2.5							
Jumps	2046				Diane Guthrie-Gresham	Philadelphia USA	26.04.1995	6,271
No wind info	1.82 - 6.61/NWI							
Jumps	2008				Diane Guthrie-Gresham	Atlanta USA	28.07.1996	6,087
	1.80 - 6.57/-0.8							
Throws	1698				Ayesha Champagnie	Bloomington USA	13.05.2018	5,821
	14.79 - 49.53							

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