

GRN - Grenada



Last update: 24 Jan 2025

DECATHLON - Records & Best Performances

Special collaboration of Yoshiaki Oikawa (ATFS/JPN)

Ideal total: **9,212** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	DECA PTS.
	RES.	W	REC.	PTS.				
Decathlon	8756 (4476/4280)				Lindon Victor	Budapest HUN	26.08.2023	
	10.60/+0.1 - 7.55/+1.0 - 15.94 - 2.02 - 48.05 // 14.47/+0.2 - 54.97 - 4.80 - 68.05 - 4:39.67							
100m	10.48	+1.3		980	Lindon Victor	Götzis AUT	18.05.2024	8,366
LJ	7.74			995	Kurt Felix	Austin USA	28.03.2012	7,921
SP	16.52			883	Lindon Victor	Austin USA	29.03.2017	8,472
HJ	2.11			906	Kurt Felix	Eugene USA	10.06.2010	7,275
	2.11			906	Kurt Felix	Colorado Spring USA	09.05.2012	7,757
	2.11			906	Kurt Felix	Glasgow GBR	28.07.2014	8,070
400m	47.67			925	Joel Phillip	Coffeyville USA	17.05.2007	6,799
Day 1	4516				Lindon Victor	Austin USA	29.03.2017	8,472
	10.63/+1.3 - 7.37/+1.8 - 16.52 - 2.09 - 48.24							
110mH Wind	13.88	+2.8		990	Alleyne Lett	Nashville USA	13.05.2005	7,550
110mH	14.36	-0.6		929	Alleyne Lett	Sacramento USA	09.06.2005	7,476
DT	55.22			980	Lindon Victor	Columbia USA	12.05.2017	8,539
PV	4.90			880	Lindon Victor	Tokyo JPN	05.08.2021	8,414
JT	72.80			932	Kurt Felix	Ratingen GER	25.06.2017	8,509
1500m	4:30.53			741	Kurt Felix	Río de Janeiro BRA	18.08.2016	8,323
Day 2	4280				Lindon Victor	Budapest HUN	26.08.2023	8,756
	14.47/+0.2 - 54.97 - 4.80 - 68.05 - 4:39.67							
Runs	3456				Lindon Victor	Budapest HUN	26.08.2023	8,756
	10.60/+0.1 - 48.05 - 14.47 - 4:39.67							
Jumps	2632				Lindon Victor	Paris FRA	03.08.2024	8,711
	7.48/+0.8 - 2.02 - 4.90							
Throws	2682				Lindon Victor	Budapest HUN	26.08.2023	8,756
	15.94 - 54.97 - 68.05							

HEPTATHLON - Records & Best Performances

Ideal total: **6,111** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	HEPTA PTS.
	RES.	W	REC.	PTS.				
Heptathlon	5967				Joniar Thomas	Austin USA	10.06.2023	
	13.73/+1.3 - 1.60 - 12.35 - 23.74/+2.4 // 6.51/+2.2 - 43.99 - 2:23.98							
100mH	13.61	0.0		1,034	Joniar Thomas	College Station USA	05.04.2024	5,914
HJ	1.68			830	Joniar Thomas	Cali COL	01.12.2021	5,224
SP	12.37			686	Joniar Thomas	Baton Rouge USA	11.05.2023	5,941
200m Wind	23.53	+4.2		1,026	Joniar Thomas	College Station USA	05.04.2024	5,914
200m	23.57	0.0		1,022	Joniar Thomas	Eugene USA	07.06.2024	5,799
Day 1	3542				Joniar Thomas	College Station USA	05.04.2023	5,914
Wind assisted >4m/s	13.61/0.0 - 1.67 - 12.05 - 23.53/+4.2							
Day 1	3443				Joniar Thomas	Austin USA	09.06.2023	5,967
Wind assisted <4m/s	13.73/+1.3 - 1.60 - 12.35 - 23.74/+2.4							
Day 1	3431				Joniar Thomas	Eugene USA	07.06.2024	5,799
	14.03/+0.3 - 1.63 - 12.04 - 23.57/0.0							
LJ Wind	6.51	+2.2		1,010	Joniar Thomas	Austin USA	10.06.2023	5,967
LJ	6.35	+1.0		959	Joniar Thomas	Baton Rouge USA	12.05.2023	5,941
JT	43.99			744	Joniar Thomas	Austin USA	10.06.2023	5,967
800m	2:23.20			781	Joniar Thomas	Baton Rouge USA	12.05.2023	5,941
Day 2	2524				Joniar Thomas	Austin USA	10.06.2023	5,967
Wind assisted	6.51/+2.2 - 43.99 - 2:23.98							
Day 2	2458				Joniar Thomas	Baton Rouge USA	12.05.2023	5,941
	6.35/+1.0 - 42.64 - 2:23.20							
Runs	2793				Joniar Thomas	Austin USA	10.06.2023	5,967
Wind assisted	13.73/+1.3 - 23.74/+2.4 - 2:23.98							
Runs	2774				Joniar Thomas	Eugene USA	08.06.2024	5,799
	14.03/+0.3 - 23.57/0.0 - 2:23.38							
Jumps	1754				Joniar Thomas	Baton Rouge USA	12.05.2023	5,941
	1.65 - 6.35/+1.0							
Throws	1428				Joniar Thomas	Austin USA	10.06.2023	5,967
	12.35 - 43.99							

© 2025 Designed by Nestor Calixto, exclusively for DecaAmerica

<https://DecaAmerica.net/>

<https://www.facebook.com/groups/DecaAmerica>