



DECATHLON - Records & Best Performances

HEPTATHLON - Records & Best Performances

Special collaboration of Yoshiaki Oikawa (ATFS/JPN)

Ideal total: **9,229** (Using best performance by event under any condition)

Ideal total: **6,851** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	DECA PTS.
	RES.	W	REC.	PTS.				
Decathlon	8218				Dario Dester	München GER	16.08.2022	
	10.81/+0.7 - 7.46/+0.3 - 14.56 - 2.02 - 47.90 // 14.44/0.0 - 43.04 - 4.90 - 57.24 - 4:41.63							
100m	10.57			959	William Frullani	Götzis AUT	01.06.2002	7,984
Wind assisted	10.52	+5.5		970	Marco Rossi	Arles FRA	04.07.1987	7,947
LJ	7.72	+0.6		990	William Frullani	Firenze	03.06.2006	7,963
SP	15.68			832	Paolo Casarsa	Desenzano del Garda	10.05.2003	7,153
HJ	2.18			973	Moreno Martini	Donnas	11.06.1983	7,428
400m	47.70			924	Dario Dester	Arona ESP	04.06.2022	7,903
Day 1	4482				William Frullani	Götzis AUT	01.06.2002	7,984
	10.57/+0.5 - 7.65/+0.4 - 13.88 - 2.15 - 48.47							
110mH	14.15	+0.4		955	Lorenzo Naidon	Molfetta	30.07.2023	8,090
DT	50.51			881	Paolo Casarsa	Desenzano del Garda	10.05.2002	7,918
PV	5.20			972	Gianni Iapichino	Grosseto	12.09.1996	7,285
	5.20			972	Lorenzo Naidon	Molfetta	30.07.2023	8,090
JT	66.16			831	Paolo Casarsa	München GER	08.08.2002	7,807
1500m	4:07.2			901	Giovanni Scavo	Siracusa	21.09.1958	5,511
Day 2	4055				Paolo Casarsa	Desenzano del Garda	12.05.2002	7,918
	14.45/+0.9 - 50.51 - 4.70 - 63.63 - 4:45.64							
Runs	3514				Dario Dester	Grosseto	01.05.2022	8,109
	10.76/+1.9 - 47.76 - 14.40/+0.1 - 4:28.64							
Jumps	2721				Gianni Iapichino	Grosseto	12.09.1996	7,285
	7.58/+0.5 - 1.99 - 5.20							
Throws	2497				Paolo Casarsa	Desenzano del Garda	11.07.2003	7,153
	15.68 - 49.08 - 65.03							

EVENT	RECORD				ATHLETE	CITY	DATE	HEPTA PTS.
	RES.	W	REC.	PTS.				
Heptathlon	6185	(3634/2551)			Gertrud Bacher	Desenzano del Garda	09.05.1999	
	13.65/+0.8 - 1.73 - 13.43 - 24.23/+0.4 // 5.94/+1.0 - 43.83 - 2:09.04							
100mH	13.33	+0.5		1,075	Francesca Doveri	Desenzano del Garda	08.05.2010	5,816
Wind assisted	13.32	+3.0		1,077	Francesca Doveri	Desenzano del Garda	07.05.2011	5,988
HJ	1.93			1,145	Antonietta di Martino	Arles FRA	30.06.2001	5,687
SP	14.43			823	Giuliana Spada	Bologna	26.05.1996	6,133
200m	23.86	-1.5		994	Sveva Gerevini	Padova	28.08.2020	5,741
Day 1	3634				Gertrud Bacher	Desenzano del Garda	09.06.1999	6,185
	13.65/+0.8 - 1.73 - 13.43 - 24.23/+0.4							
LJ	6.26	+2.0		930	Antonella Avigni	Chieti	24.06.1990	5,161
NWI	6.32	NWI		949	Katia Pasquinelli	Torino	30.06.1985	5,625
Pentathlon (ST)	6.34			956	Sveva Gerevini	Ancona	26.02.2022	4,451
Wind assisted	6.37	+2.6		965	Francesca Doveri	Desenzano del Garda	08.05.2011	5,988
JT	48.14				Gertrud Bacher	Rieti	02.08.2003	6,133
Old JT model	49.68			854	Waltraud Mattedi	Brescia	22.05.1988	4,932
800m	2:08.09			993	Gertrud Bacher	Sevilla ESP	22.08.1999	6,055
Day 2	2628				Gertrud Bacher	Rieti	02.08.2003	6,133
	5.92/+0.8 - 48.14 - 2:09.01							
Runs	2990				Sveva Gerevini	Grosseto	01.05.2022	6,011
	13.60/-1.1 - 23.93/0.0 - 2:09.81							
Jumps	1853				Claudia del Fabbro	Brunico	28.07.1991	5,685
	1.82 - 6.00/+0.5							
Pentathlon (ST)	1855				Sveva Gerevini	Aubière FRA	28.01.2024	4,540
	1.76 - 6.25							
Wind assisted	1862				Ifeoma Ozoze	Tokyo JPN	27.08.1991	6,056
	1.76 - 6.27/+2.7							
Throws	1560				Gertrud Bacher	Rieti	02.08.2003	6,133
	13.13 - 48.14							
Old JT model	1631				Giuliana Spada	Cesano Maderno	28.05.1995	6,135
(Pre 1.4.1999)	14.02 - 48.78							