

ESA - El Salvador



Last update: 05 Jan 2024

DECATHLON - Records & Best Performances

Special collaboration of Sandra Valiente, Carlos Clemente and Raffaele Tummolo (ITA)

Ideal total: **7,895** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	DECA PTS.
	RES.	W	REC.	PTS.				
Decathlon	7517 (3897/3620)				Santiago Mellado	Seoul KOR	29.09.1988	
	11.33/-0.2 - 6.83/-0.4 - 11.63 - 2.06 - 48.37 // 15.39/+0.3 - 37.52 - 4.60 - 55.42 - 4:30.07							
100m	11.06	+0.9		847	Esteban Ibáñez	Arona ESP	17.06.2023	7,080
LJ	7.36	0.0		900	Esteban Ibáñez	San Salvador	02.09.2023	7,210
SP	11.85			597	Santiago Mellado	Indianapolis USA	09.08.1987	6,799
HJ	2.06			859	Santiago Mellado	Seoul KOR	28.09.1988	7,517
400m	48.37			891	Santiago Mellado	Seoul KOR	28.09.1988	7,517
Day 1	3917				Esteban Ibáñez	San Salvador	02.09.2023	7,210
	11.15/+1.3 - 7.36/0.0 - 10.67 - 1.99 - 48.82							
110mH	14.62	+0.6		896	Esteban Ibáñez	Arona ESP	18.06.2023	7,080
DT	37.52			614	Santiago Mellado	Seoul KOR	29.09.1988	7,517
PV	4.60			790	Santiago Mellado	Seoul KOR	29.09.1988	7,517
JT	55.42			669	Santiago Mellado	Seoul KOR	29.09.1988	7,517
<i>Old Javelin model</i>	61.27			757	Rudy Aguilar	C. de Guatem. GUA	06.11.1980	5,596
1500m	4:30.07			744	Santiago Mellado	Seoul KOR	29.09.1988	7,517
Day 2	3620				Santiago Mellado	Seoul KOR	29.09.1988	7,517
	15.39/+0.3 - 37.52 - 4.60 - 55.42 - 4:30.07							
Runs	3301				Esteban Ibáñez	San Salvador	04.07.2023	7,217
	11.10/+0.4 - 48.71 - 14.71/+1.1 - 4:36.25							
Jumps	2423				Santiago Mellado	Seoul KOR	29.09.1988	7,517
	6.83/-0.4 - 2.06 - 4.60							
Throws	1882				Rudy Aguilar	C. de Guatem. GUA	06.11.1980	5,596
	11.40 - 34.57 - 61.27							

HEPTATHLON - Records & Best Performances

Ideal total: **5,314** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	HEPTA PTS.
	RES.	W	REC.	PTS.				
Heptathlon	5047 (2993/2054)				Laura Valldeperas	Louisville USA	11.05.2002	
	14.90/+2.8 - 1.59 - 10.12 - 25.11/+2.8 // 5.64/NWI - 35.28 - 2:26.57							
100mH	14.68	+0.9		884	María G. Carrillo	Sto. Domingo DOM	08.07.2006	4,871
HJ	1.74		=NR	903	Ana I. González	San Salvador	05.07.2023	4,650
SP	11.43			623	María D. Calderón	San Juan PUR	27.06.1997	4,429
200m	25.49	+1.3		842	Laura Valldeperas	Charlotte USA	15.05.2003	4,745
<i>Wind assisted</i>	25.11	+2.8		877	Laura Valldeperas	Louisville USA	10.05.2002	5,047
Day 1	2993				Laura Valldeperas	Louisville USA	10.05.2002	5,047
	14.90/+2.8 - 1.59 - 10.12 - 25.11/+2.8							
LJ	5.66	-2.2		747	María G. Carrillo	San Salvador	15.07.2007	5,022
JT	37.86			626	María G. Carrillo	San Salvador	15.07.2007	5,022
<i>Old Javelin model</i>	37.88			627	María D. Calderón	La Habana CUB	16.05.1997	4,625
800m	2:23.66			774	Ana I. González	San Salvador	06.07.2023	4,650
Day 2	2075				María G. Carrillo	San Salvador	15.07.2007	5,022
	5.66/-2.2 - 37.86 - 2:29.29							
Runs	2468				Laura Valldeperas	Louisville USA	11.05.2002	5,047
	14.90/+2.8 - 25.11/+2.8 - 2:26.57							
Jumps	1614				María G. Carrillo	San Salvador	15.07.2007	5,022
	1.71 - 5.66/-2.2							
Throws	1144				María G. Carrillo	San Salvador	15.07.2007	5,022
	9.82 - 37.86							
<i>Old Javelin model</i>	1246				María D. Calderón	La Habana CUB	16.05.1997	4,625
	11.37 - 37.88							