

CUB - Cuba



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DECATHLON - Records & Best Performances

Special collaboration of Francisco Castellanos, Abdel-Kader Larrinaga and Alfredo Sánchez (ATFS)

Ideal total: 9,662 (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	DECA PTS.
	RES.	W	REC.	PTS.				
Decathlon	8654 (4325/4329)				Leonel Suárez	La Habana	04.07.2009	
	11.07/+0.7 - 7.42/+0.8 - 14.39 - 2.09 - 47.65 // 14.15/-0.6 - 46.07 - 4.70 - 77.47 - 4:27.29							
100m	10.50	+0.4		975	Yancarlos Hernández	San Salvador ESA	03.07.2023	7,654
LJ	7.79			1,007	José Ramón Díaz	Sofia BUL	26.06.1971	6,934
SP	16.50			882	Yordani García	La Habana	29.05.2009	8,496
HJ	2.19			982	Alberto Juantorena Jr.	La Habana	23.04.2004	7,769
400m	46.15			1,001	Yunior Díaz	Berlin GER	19.08.2009	8,357
Hand timing	45.9			1,013	Yunior Díaz	Santiago de Cuba	10.03.2007	7,902
Day 1	4512				Yunior Díaz	Berlin GER	19.08.2009	8,357
	10.66/+0.2 - 7.72/-0.3 - 14.54 - 2.02 - 46.15							
Wind assisted	4569				Yunior Díaz	La Habana	08.03.2008	8,057
@ Hand timing	10.4/+3.1 - 7.74/+0.7 - 15.42 - 2.05 - 46.7							
110mH	13.89	+0.5		989	Yordani García	Ratingen GER	21.06.2009	8,348
Hand timing	13.5	0.0		1,008	Carlos E. Patterson	La Habana	24.06.2005	7,321
DT	52.36			920	Alexey Chivás	La Habana	18.03.2005	7,518
PV	5.00			910	Eugenio Balanqué	La Habana	24.06.1994	8,093
	5.00			910	Leonel Suárez	Berlin GER	20.08.2009	8,640
	5.00			910	Leonel Suárez	Kladno CZE	16.06.2011	8,231
	5.00			910	Leonel Suárez	Daegu KOR	28.08.2011	8,501
	5.00			910	Manuel A. González	La Habana	22.02.2014	7,742
	5.00			910	Josmi H. Sánchez	La Habana	07.05.2023	7,179
JT	78.29			1,016	Leonel Suárez	La Habana	18.03.2016	8,347
1500m	4:00.6			949	Rigoberto González	Santiago de Cuba	18.07.1986	5,969
Day 2	4329				Leonel Suárez	La Habana	04.07.2009	8,654
	14.15/-0.6 - 46.07 - 4.70 - 77.47 - 4:27.29							
Runs	3570				Yunior Díaz	Santiago de Cuba	11.03.2007	7,902
	10.4/-1.2 - 45.9 - 14.2/-1.2 - 4:36.2							
Jumps	2687				Leonel Suárez	Berlin GER	20.08.2009	8,640
	7.24/-0.3 - 2.11 - 5.00							
Throws	2545				Leonel Suárez	La Habana	04.07.2009	8,654
	14.39 - 46.07 - 77.47							

HEPTATHLON - Records & Best Performances

Ideal total: 7,308 (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	HEPTA PTS.
	RES.	W	REC.	PTS.				
Heptathlon	6742 (3950/2792)				Yorgelis Rodríguez	Götzis AUT	27.05.2018	
	13.48/+0.3 - 1.86 - 14.95 - 23.96/-0.5 // 6.58/+2.3 - 48.65 - 2:12.73							
100mH	12.97	+0.7		1,129	Adriana Rodríguez	Götzis AUT	28.05.2023	5,222
HJ	1.95			1,171	Yorgelis Rodríguez	London GBR	05.08.2017	6,594
SP	15.61			902	Yasmiany Pedroso	La Habana	04.05.2012	5,891
200m	23.39	+0.8		1,040	Adriana Rodríguez	La Habana	18.06.2021	6,313
Day 1	3950				Yorgelis Rodríguez	Götzis AUT	26.05.2018	6,742
	13.48/+0.3 - 1.86 - 14.95 - 23.96/-0.5							
LJ	6.65	-2.8		1,056	Yariadmis Argüelles	La Habana	07.03.2009	5,857
Wind assisted	7.02	+4.0		1,179	Adriana Rodríguez	La Habana	10.03.2019	6,293
JT	53.54			929	Magalis García	Santiago de Cuba	25.02.1995	6,072
Post 1.4.1999	51.05			880	Magalis García	Winnipeg CAN	28.07.1999	6,290
800m	2:10.48			958	Yorgelis Rodríguez	London GBR	06.08.2017	6,594
Day 2	2719				Yorgelis Rodríguez	Götzis AUT	30.05.2021	6,293
	6.38/+1.1 - 49.56 - 2:14.61							
Wind assisted	2792				Yorgelis Rodríguez	Götzis AUT	25.07.2018	6,742
	6.58/+2.3 - 48.65 - 2:12.73							
Runs	3046				Adriana Rodríguez	Götzis AUT	28.05.2023	5,222
	12.97/+0.7 - 23.78/+0.1 - 2:13.41							
Jumps	2092				Yorgelis Rodríguez	London GBR	06.08.2017	6,594
	1.95 - 6.23/-0.6							
Throws	1675				Magalis García	Winnipeg CAN	28.07.1999	6,290
	14.02 - 51.05							