

GUA - Guatemala

DECATHLON - Records & Best Performances

Special collaboration of Francisco Castellanos and Raffaele Tummolo (ITA)

Ideal total: **8,128** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	DECA PTS.
	RES.	W	REC.	PTS.				
Decathlon	7448 (3899/3549)				Octavius Gillespie	Chula Vista USA	06.06.2004	
	11.22/+1.5 - 7.32/+3.5 - 13.14 - 2.00 - 52.17 // 15.39/+2.5 - 42.89 - 4.30 - 60.76 - 4:58.01							
100m	11.13	-0.5		832	Mauricio Galindo	Tucson USA	08.04.2022	7,127
<i>No wind info</i>	11.01	NWI		858	Ángel Díaz	C. de México MEX	03.06.1989	6,469
LJ	7.15	+1.4		850	Octavius Gillespie	Chula Vista USA	31.05.2008	6,887
<i>Wind assisted</i>	7.32	+3.5		891	Octavius Gillespie	Chula Vista USA	05.06.2004	7,448
<i>Did not finish/NWI</i>	7.35	NWI		898	Octavius Gillespie	Atascadero USA	31.05.2004	DNF
SP	14.34			749	Mauricio Galindo	Clovis USA	11.05.2022	6,861
HJ	2.05			850	Octavius Gillespie	Huelva ESP	06.08.2004	7,430
	2.05			850	Octavius Gillespie	Claremont USA	13.05.2005	7,381
400m	49.70			828	Mauricio Galindo	Tucson USA	08.04.2022	7,127
Day 1	3899				Octavius Gillespie	Chula Vista USA	05.06.2004	7,448
	11.22/+1.5 - 7.32/+3.5 - 13.14 - 2.00 - 52.17							
110mH	14.69	+0.2		887	Ronald E. Ramírez	C. de Guatemala	25.04.2015	6,184
DT	42.89			724	Octavius Gillespie	Chula Vista USA	06.06.2004	7,448
PV	4.50			760	Octavius Gillespie	Huelva ESP	07.08.2004	7,430
JT	64.39		NR	804	Octavius Gillespie	Davis CA USA	27.03.2003	6,767
1500m	4:26.11			770	Ángel Díaz	Los Angeles USA	09.08.1984	6,272
Day 2	3605				Octavius Gillespie	Huelva ESP	07.08.2004	7,430
	15.54/0.0 - 41.02 - 4.50 - 62.13 - 4:52.32							
Runs	3099				Ángel Díaz	C. de México MEX	25.06.1988	6,742
	11.0 - 51.0 - 14.9 - 4:37.6							
Jumps	2477				Octavius Gillespie	Claremont USA	14.05.2005	7,381
	7.28 - 2.05 - 4.45							
Throws	2155				Octavius Gillespie	Davis CA USA	27.03.2003	6,767
	13.63 - 39.02 - 64.39							



Last update: 28 Nov 2023

HEPTATHLON - Records & Best Performances

Ideal total: **5,407** (Using best performance by event under any condition)

EVENT	RECORD				ATHLETE	CITY	DATE	HEPTA PTS.
	RES.	W	REC.	PTS.				
Heptathlon	4590 (2632/1958)				Larissa Soto	Xalapa MEX	28.07.1991	
	16.10 - 1.47 - 10.17 - 25.96 // 5.42/w - 28.52 - 2:19.34							
100mH	15.40			790	Larissa Soto	Duisburg GER	29.08.1989	4,292
<i>Hand timing</i>	15.0			810	Larissa Soto	C. de México MEX	03.06.1989	4,561
HJ	1.66			806	Ruth A. Morales	C. de Guatemala	12.04.2013	4,348
SP	10.17			541	Larissa Soto	Xalapa MEX	27.07.1991	4,590
200m	25.93			803	Larissa Soto	Zagreb YUG	13.07.1987	4,153
<i>Wind assisted</i>	25.60	+4.8		833	Ruth A. Morales	Managua NCA	22.06.2013	4,303
<i>Hand timing</i>	24.5			958	Patricia Meigham	C. de Guatemala	20.09.1984	4,174
Day 1	2706				Larissa Soto	C. de México MEX	03.06.1989	4,561
	15.0 - 1.53 - 8.88 - 25.9							
LJ	5.39			668	Larissa Soto	C. de México MEX	04.06.1989	4,561
<i>Wind assisted</i>	5.42	w		677	Larissa Soto	Xalapa MEX	28.07.1991	4,590
JT	41.84			703	Ginna von Quednow	San José CRC	15.07.2007	4,210
800m	2:13.67			912	Alma L. Jiménez	Ponce PUR	13.02.1993	3,780
Day 2	1958				Larissa Soto	Xalapa MEX	28.07.1991	4,590
	5.42/w - 28.52 - 2:19.34							
Runs	2366				Larissa Soto	C. de México MEX	04.06.1989	4,561
	15.0 - 25.9 - 2:23.9							
Jumps	1387				Ruth A. Morales	C. de Guatemala	13.04.2013	4,348
	1.66 - 5.08							
Throws	1153				Ginna von Quednow	San José CRC	15.07.2007	4,210
	8.78 - 41.84							

© 2023 Designed by Nestor Calixto, exclusively for DecaAmerica

<https://DecaAmerica.net/>

<https://www.facebook.com/groups/DecaAmerica>